NASA TLX

Thanks for taking part in this evaluation!

	Required	any que	stions, į	Jiease i	eer iree	to ask.							
1.													
W	ow difficul as driving ar (Session	the	much		ad was re	equired o					ion on ho oleted. Th		
2.	Mental De	ly demar	nding wa	s the tas	k?								
		0	1	2	3	4	5	6	7	8	9	10	
	Very Low												Very High
3.	Physical [How physical Mark only o	ally dema	anding w	as the ta	sk?								
		0	1	2	3	4	5	6	7	8	9	10	
	Very Low												Very High
4.	Temporal How hurried Mark only o	or rushe	ed was th	ne pace o	of the tas	sk? 4	5	6	7	8	9	10	
	Very Low												Very High

Mark onl	y one ov	⁄al.										
	0	1	2	3	4	5	6	7	8	9	10	
Failure												Perfect
Effort *												
How hard Mark onl			ork to ac	complis	h your lev	el of per	formanc	e?				
	0	1	2	3	4	5	6	7	8	9	10	
Very Lov	w											Very
Frustrat How insec Mark onl	cure, disc y one ov	⁄al.						7	8	9	10	
How insec	oure, disc y one ov 0		, irritated,	stresse	d, and and	noyed w	ere you?	7	8	9	10	Verv
How insec	oure, disc y one ov 0	⁄al.						7	8	9	10	Very
How insec	oure, disc y one ov 0 w	1)	2	3	4	5	6			9	10	Very
Mark onl	oure, disc y one ov 0 w	1)	2	3	4	5	6			9	10	Very
Mark onl	oure, disc y one ov 0 w	1)	2	3	4	5	6			9	10	Very
Mark onl	oure, disc y one ov 0 w	1)	2	3	4	5	6			9	10	Very
Mark onl	oure, disc y one ov 0 w	1)	2	3	4	5	6			9	10	Very

Mark only o												
	0	1	2	3	4	5	6	7	8	9	10	
Very Low												Very Hi
Physical How physic			vas the t	ask?								
Mark only	one ova	al.										
	0	1	2	3	4	5	6	7	8	9	10	
Very Low	,											
Tempora How hurrie	al Dema d or rush	ed was t										Very I
Tempora How hurrie Mark only	al Dema d or rush one ova 0	ed was t	he pace	of the ta	sk?	5	6	7	8	9	10	
Tempora How hurrie	al Dema d or rush one ova 0	ed was t				5	6	7	8	9	10	
Tempora How hurrie Mark only	al Dema d or rush one ova 0	ed was t	2	3	4				8	9	10	Very
Tempora How hurrie Mark only Very Low Perform How success	al Dema d or rush one ova 0	ed was t	2	3	4				8	9	10	

Mental Demand *

How mentally demanding was the task?

9.

	How hard die	d you hav	e to wor	k to acco	omplish	your leve	l of perf	ormance?	?				
	Mark only o	one oval	•										
		0	1	2	3	4	5	6	7	8	9	10	
	Very Low												Very High
14.	Frustratio	n *											
17.	How insecur		ıraged, ir	ritated, s	tressed,	and ann	oyed wer	e you?					
	Mark only o	one oval											
		0	1	2	3	4	5	6	7	8	9	10	
	Very Low												Very High
Wá	ow difficult as driving th or (Session ?	ne	much v	vork l oad		uired of					on on hov eted. The		
16.	Mental De			s the task	< ?								
	Mark only o	one oval											
		0	1	2	3	4	5	6	7	8	9	10	
	Very Low												Very High

13. Effort *

	0	1	2	3	4	5	6	7	8	9	10	
Very Low												Very
Temporal			ie pace o	f the tas	·k?							
Mark only o	one oval											
	0	1	2	3	4	5	6	7	8	9	10	
Very Low												Very
Performa How succes Mark only o	sfu l were								0	0	10	
How succes Mark only o	sfu l were		accompli 2	shing wh	nat you w	ere aske	d to do?	7	8	9	10	Dayfo -
How succes	sfu l were								8	9		Perfec
How succes Mark only o	one oval	1	2	3	4	5	6	7	8	9		Perfec
How succes Mark only of Failure Effort *	one oval	1 ve to wor	2	3	4	5	6	7	8	9		Perfec
How succes Mark only of Failure Effort * How hard die	one oval	1 ve to wor	2	3	4	5	6	7	8	9		Perfec
How succes Mark only of Failure Effort * How hard die	one oval	1 ve to work.	2 rk to acce	3 omplish	4 your leve	5 I of perfo	6 cormance	7 (F	Perfec

17. Physical Demand *

How physically demanding was the task?

	How insecur	e, discou	uraged, ir	ritated, s	stressed,	and ann	oyed wer	e you?					
	Mark only c	ne ova	Ι.										
		0	1	2	3	4	5	6	7	8	9	10	
	Very Low												Very High
22.	Any comr	nents?	' What	was go	ood / b	ad / un	expect	ed / di	fficult?				
wa	w difficult s driving th (Session	ne	much	workload		juired of					on on how eted. The		
23.	Mental De			s the tas	k?								
	Mark only o	one ova	Ι.										
		0	1	2	3	4	5	6	7	8	9	10	
	Very Low												Very High
24.	Physical D How physical Mark only o	lly dema	anding w	as the ta	sk? 3	4	5	6	7	8	9	10	
	Very Low												Very High

21. Frustration *

	0	1	2	3	4	5	6	7	0	9	10	
					4		о —		8	9		
Very Low												Ver
Performar How success		you in a	ccompli	shing wh	nat you w	ere aske	d to do?					
Mark only o	ne oval											
	0	1	2	3	4	5	6	7	8	9	10	
Failure (Perfec
Effort * How hard did Mark only o			k to acc	omplish	your leve	l of perfo	ormance	?				
How hard dic			k to acc	omplish 3	your leve 4	I of perfo	ormance 6	?	8	9	10	
How hard dic	ne oval								8	9	10	Very
How hard did	ne oval								8	9	10	Ver
Mark only of Very Low	0 n *	. 1	2	3	4	5	6		8	9	10	Very
How hard did	one oval 0 n * e, discou	. 1	2	3	4	5	6		8	9	10	Ver
Mark only of Very Low Frustratio How insecure	one oval 0 n * e, discou	. 1	2	3	4	5	6		8	9	10	Ver
Mark only of Very Low Frustratio How insecure	n * e, discou	. 1	2 ritated, s	3 stressed,	and annotation	5 oyed wer	6 Te you?	7				Ver

Temporal Demand *

How hurried or rushed was the pace of the task?

25.

29.	Any comr	nents?	' What	was go	ood/b	ad / un	expect	ed / di	fficult?				
wa	ow difficult as driving th r (Session ?	ne	much v	workload		juired of					on on hov eted. The		
30.	Mental De												
	How mentall Mark only o			s the tas	k?								
		0	1	2	3	4	5	6	7	8	9	10	
	Very Low												Very High
31.	Physical D			as the ta	sk?								
	Mark only o												
		0	1	2	3	4	5	6	7	8	9	10	
	Very Low												Very High
32.	Temporal How hurried			0 0000	of the tee	ro Fo							
	Mark only o			е расе с	n the tas	K!							
		0	1	2	3	4	5	6	7	8	9	10	
	Very Low												Very High

	-	ii accomp	olishing v	vhat you v	vere aske	ed to do?	?				
y one o	val.										
0	1	2	3	4	5	6	7	8	9	10	
											Perfec
		work to ac	complish	n your leve	el of perf	ormance	e?				
		2	3	4	5	6	7	8	9	10	
w	$) \subset$	$\overline{}$									Ver
y one o	val.										
0	1	2	3	4	5	6	7	8	9	10	
w C											
											Ver
	did you y one of 0 w ion * cure, disc	did you have to very one oval. 0 1 w	did you have to work to act y one oval. 0 1 2 w	did you have to work to accomplish y one oval. 0 1 2 3 w	did you have to work to accomplish your level y one oval. 0 1 2 3 4 w	did you have to work to accomplish your level of perfect y one oval. 0 1 2 3 4 5 w	did you have to work to accomplish your level of performance by one oval. O 1 2 3 4 5 6 W O O O O O O O O O O O O O O O O O O	did you have to work to accomplish your level of performance? y one oval. 0 1 2 3 4 5 6 7 w	did you have to work to accomplish your level of performance? y one oval. 0 1 2 3 4 5 6 7 8 w	did you have to work to accomplish your level of performance? y one oval. 0 1 2 3 4 5 6 7 8 9 w	did you have to work to accomplish your level of performance? y one oval. 0 1 2 3 4 5 6 7 8 9 10 w

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